

Embers Beach Bar and Grill

AVAILABLE FROM 11:30AM - 3PM



LITE BITES

Top your salad with:

GRILLED STEAK (GF) (DF)	US10/EC27
TODAY'S CATCH (GF) (DF)	US8/EC22
GRILLED OR JERK CHICKEN BREAST (GF) (DF)	US8/EC22

Jumbo Salt-Fish Bake **US13/EC35**

A local delicacy - Fried bake filled with sautéed salt-fish with cucumber salad and hot sauce mayo

Wild Rice Pumpkin and Sesame Salad (V) (V) (GF) (DF) **US14/EC38**

Roast pumpkin and wild rice, tossed with shredded romaine, topped with toasted sesame seeds

Quinoa 'Cobb' Salad (V) (GF) (DF) **US15/EC40**

Quinoa, diced local fruit, sweet corn, tomato, pineapple and bell pepper, tossed in coconut and mango dressing

Embers Signature 'Carib'bean' Salad (V) (GF) **US14/EC38**

A mix of black, garbanzo, black eye beans and sweet potato with tomato and cucumber, dressed with hot sauce mayo

Jerk Chicken Nachos **US14/EC38**

Shredded jerk chicken, over crispy tortilla chips, with jalapeno peppers, black olives and fresh salsa, topped with melted cheddar

Pulled Pork Nachos **US14/EC38**

Shredded pulled pork, over crispy tortilla chips, with jalapeno peppers, black olives and fresh salsa, topped with melted cheddar

SLIDERS (GLUTEN FREE BUN AVAILABLE)

Add a side of fries or side salad for **US6/EC17**

Beef Brisket Sliders (DF) **US13/EC35**

Three mini buns filled with smoked and shredded beef brisket

Pulled Pork Sliders **US13/EC35**

Three mini BBQ pulled pork buns with tropical coleslaw

Jerk Chicken Sliders **US13/EC35**

Three mini shredded smoked jerk chicken buns with tropical coleslaw

'Embers Trio' Sliders **US13/EC35**

One shredded smoked jerk chicken bun, one beef brisket and one pulled pork

TOPPED FRENCH FRIES

Triple Cheese (V) **US10/EC27**

Melted Mozzarella, Cheddar and Swiss

Smoked Brisket (DF) **US13/EC35**

House smoked brisket, thinly sliced in rich gravy

Pulled Pork (DF) **US13/EC35**

Smoked Pork shoulder, shredded then tossed in BBQ sauce

Jerk Chicken (DF) **US13/EC35**

Shredded smoked jerk chicken drizzled with mango chutney

FLATBREAD PIZZAS

Our pizzas are rolled from homemade dough right here and are also available gluten free on request.

Ember's Special (V) **US17/EC46**

Roast red pepper, sun-dried tomato and red onion finished with goat's cheese and arugula leaves

Jerk Chicken **US18/EC48**

Smoked jerk chicken, bell peppers, mango chutney and a sprinkle of shredded mozzarella

Pulled Pork **US17/EC46**

BBQ pulled pork, roast red onion, sweet corn, jalapenos and cheddar cheese drizzled with BBQ sauce

Pepperoni **US14/EC38**

Sliced pepperoni, tomato sauce and a sprinkle of shredded mozzarella

Cheesy Bread (V) **US14/EC38**

Shredded mozzarella, cheddar and Swiss cheese

TACOS (CORN TORTILLAS ALSO AVAILABLE)

Add a side of fries or side salad for **US6/EC17**

Ember's Fish Tacos **US13/EC35**

Fresh grilled fish served in flour tortillas with coleslaw, roasted garlic aioli & pineapple salsa

Ember's Beef Tacos (DF) **US14/EC38**

Our smoked and shredded beef brisket served in flour tortillas with shredded romaine, guacamole and red onion

Ember's Chicken Tacos (DF) **US13/EC35**

Shredded jerk chicken served in flour tortillas with shredded romaine and pineapple and tomato salsa

BIGGER BITES (GLUTEN FREE BUN AVAILABLE)

Spicy Black Bean Burrito (V) (V) (DF) (H) **US15/EC40**

Black beans, quinoa and fresh herbs in a tortilla wrap, served with garden salad or fries

Ember's Jerk Chicken Burrito **US 18/EC48**

Jerk chicken, rice, cucumber, tomato and onion with yogurt dressing, wrapped in flour tortilla, with garden salad or fries

Embers Cheese Burger **US18/EC48**

Char-grilled beef burger, lettuce, tomato, onion and pickle on a sesame bun

Jumbo Hot Dog (DF) **US13/EC35**

Char-grilled frank served in a homemade bun, with a garden salad or fries

DESSERTS

Why not try one of our Ember's Signature 'Dessert Jars' or an ice cream cone from Toppers Ice Cream Bar!

(V) VEGETARIAN

(GF) GLUTEN-FREE

(H) HOT & SPICY

(V) VEGAN

(DF) DAIRY FREE

Consuming raw or under-cooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness. All prices are in US/EC dollars and include 10% VAT. A 10% service charge will also be added to the base price and reflected on your final bill. All prices are subject to change without notice

We invite you to share your culinary experience.

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#myWJL