

# Jammers Restaurant



## WINGS AND TINGS

WHY NOT ADD A SIDE DISH TO YOUR CHOICE FOR A GREAT LIGHT LUNCH...

### SOUP OF THE DAY US8/EC22

Freshly prepared and served with homemade bread

### JERK CHICKEN WINGS (H) US12/EC33

With mango chutney

### BBQ GLAZED CHICKEN WINGS US12/EC33

With blue cheese dressing

### SALT AND PEPPER CALAMARI US12/EC33

Deep fried in a salt, pepper and chilli coating with lemon and garlic aioli

## SALADS

### QUINOA AND COCONUT SALAD (\*v) (GF) US12/EC33

Tomato, cucumber and shredded romaine with balsamic herb dressing *Healthy, vegan and delicious!*

### CLASSIC CAESAR SALAD (v) US12/EC33

Crisp romaine lettuce, fresh parmesan and crunchy croutons tossed in Caesar dressing

### BLT CAESAR SALAD US14/EC38

Our Classic Caesar Salad, topped with fresh diced tomato and crispy bacon

### RAW FOOD SALAD (\*v) (GF) US14/EC38

Shredded carrots, zucchini, cabbage, broccoli and pepper tossed in tamari, honey and chilli sauce

### FRESH GARDEN SALAD (\*v) (GF) US14/EC38

Romaine lettuce, local tomato and cucumber with shredded carrots and cabbage

#### TOP YOUR SALAD WITH A CHOICE OF:

Today's catch of the day US8/EC22

Jerk or plain chicken breast US8/EC22

Strips of grilled prime steak US10/EC27

Three garlic marinated shrimps (sf) US10/EC27

#### BOOST YOUR SALAD WITH ONE OF OUR SUPER SALAD MIXES US5/13EC

##### GO NUTS (N) (\*v) (GF) (DF)

Local cashews, sliced almonds, pecans and walnuts

##### THE NEED FOR SEED (\*v) (GF) (DF)

Black and white sesame seeds, sunflower seeds and pumpkin seeds

##### TROPICAL DELIGHT (\*v) (GF) (DF)

Dried mango, pineapple and papaya chunks rolled in toasted shredded coconut

## MAINS

### 'FISH N CHIPS' US19/EC50

Locally caught mahi-mahi, coated in our Piton beer batter, fried crisp and golden with fries and tartare sauce

### CHAIRMANS RESERVE GLAZED RIBS US26/EC70

Baby back pork ribs, marinated, smoked and then baked, with fries and a side of tropical coleslaw

### CATCH OF THE DAY US29/EC78

Cajun, Jerk or Au Naturel: Char-grilled, served with rice and local vegetables Jammers signature tomato and pineapple salsa

### FEATURED DISH OF THE DAY \$ MARKET PRICE

## GOURMET BURGERS

ALL BURGERS ARE SERVED WITH YOUR CHOICE OF FRIES OR SALAD

#### Choose your Bun:

- Black Sesame Seed Bun
- Tomato and Olive Bun
- Squid Ink Bun
- Creole Bun
- Gluten Free

### THE JAMMER'S CLASSIC US18/EC48

Our homemade patty is served on a bed of lettuce, tomato, onion and pickle

### THE 'HEARTBREAKER' US20/EC53

Our Jammer's Classic Burger, topped with crispy bacon and an 'over easy' fried egg

### THE 'SURF AND TURF' (SF) US26/EC69

Our Jammer's Classic Burger topped with 3 grilled shrimps and tomato and pineapple salsa

### VEGGIE BURGER (\*v) (DF) US16/EC43

A great burger experience, our lightly spiced wild rice and red bean burger is tasty and nutritious

### ST. LUCIAN (H) US24/EC64

Locally caught Cajun spiced mahi-mahi, with lettuce, tomato and onion, topped with calamari 'rings' and lime, garlic aioli

### JERK CHICKEN (H) US18/EC48

Jerk spiced and grilled chicken breast, with lettuce, tomato and onion, grilled pineapple and tropical coleslaw

## PANINI/SANDWICHES

All Panini and sandwiches are served with your choice of fries or salad.

### JAMMER'S CLUB SANDWICH US13/EC35

Classic sandwich served on our homemade ciabatta bun with grilled sliced chicken breast, crispy bacon, romaine lettuce, local tomato and chopped egg mayonnaise.

### LET IT BRIE US12/EC33

French Brie cheese, crisp bacon and cranberry sauce on grilled baguette bread

### THE GREEK (v) US13/EC35

Black olive tapenade, hummus, feta cheese, romaine, cucumber and sliced tomato on grilled baguette

### YOU'VE GOT BEEF US15/EC40

Thinly sliced sirloin steak, melted Cheddar cheese, lettuce and mustard mayo, pressed in a grilled ciabatta bread

### NOTORIOUS B.L.T US12/EC33

A classic of the genre, crisp bacon, romaine lettuce and local tomatoes, hand pressed in the Panini grill

### CUBAN HEELS US14/ EC38

Our take on the Cuban sandwich has thinly sliced jerk pork loin, Swiss cheese, Dijon mustard mayo and dill pickles pressed in a baguette

### \*SPINY LOBSTER ROLL (SF) US18 / EC48 (\$10USD Supplement on A.I. Plan)

Local spiny lobster, folded in cocktail sauce on a bed of chiffonade romaine, in a homemade sub

\*Subject to seasonality

(v) Vegetarian (\*v) Vegan (n) Contains Nuts (gf) Gluten Free (sf) Contains Shellfish (df) Diabetic Friendly

Please advise us of any food allergies or dietary concerns so we may prepare your food to fit your needs. Also, be informed that consuming raw or under-cooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food borne illness.

All prices are inclusive of 10% VAT. A 10% service charge will also be added to the final bill. All prices are subject to change without notice.

Lunch is served from 11:00am- 5:00pm

## SPECIALTY WRAPS

### SHRIMP CAESAR WRAP (SF) US12/EC33

Grilled garlic marinated shrimp, crisp romaine lettuce and shaved parmesan wrapped in a flour tortilla

### ST LUCIAN CHICKEN WRAP US12/EC33

Grilled jerk chicken breast, grilled pineapple wedges and crisp local salad wrapped in a flour tortilla

### RED BEAN WRAP (\*v) (DF) US10/EC27

Slow braised red beans, local cucumber and crisp salad wrapped in a flour tortilla

## WEST INDIAN ROTIS

A CARIBBEAN CLASSIC; MILDLY SPICED CURRY, WRAPPED IN OUR HOMEMADE ROTI, WITH LOCAL CHUTNEY AND A CHOICE OF FRIES, SALAD OR TODAY'S RICE

### GOAT CURRY US18/EC48

Lightly spiced and cooked long and slow, this succulent goat meat melts in the mouth

### CHICKEN CURRY US16/EC42

Tender chicken thigh, slow cooked in traditional West Indian curry sauce

### VEGETABLE CURRY (v) US14/EC38

Fresh local vegetables, creamy curry sauce, its healthy and delicious

## SIDES

### US5/EC13

Today's Rice

French Fries (v) (gf)

Cajun Spiced Sweet Potato Fries (v)

Chef's Selected Local Vegetables (v) (gf)

Cinnamon Butter Glazed Corn Cob (v) (gf)

Truffle and Parmesan Tossed Fries (v) (gf)

## SOMETHING SWEET

### US9/EC24

#### SEASONAL FRUIT PLATE

Selection of sliced seasonal fruit with fruit coulis

#### COCONUT CHEESE CAKE

Mango sauce, honey infused tropical fruit salsa

#### DARK CHOCOLATE TART

Passion fruit sauce and cinnamon puff.

#### JAMMERS BANANA SPLIT SUNDAE (N)

Fresh banana, coconut, vanilla and chocolate ice cream, Chantilly cream and caramelized nuts.

#### CHOCOLATE AND WALNUT BROWNIE SUNDAE (N)

Vanilla ice cream, chocolate brownie pieces and chocolate syrup



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